

Instructions: ♥

1. Hand draw your heart pattern on a folded $8\frac{1}{2}'' \times 11''$ piece of paper, or print this & use as a guide. The finished size of your project will be approx. $5'' \times 6\frac{1}{2}''$.
2. Cut 2 fabric squares $8'' \times 8''$.
3. Cut out your heart pattern * ADDING a $\frac{1}{4}''$ seam allowance all the way around the shape.
4. Place fabric pieces RIGHT SIDES together, & pin. Unfold cut pattern, & lay on top of fabric pieces. Trace the outline of the heart shape onto fabric.
5. Sew around heart on the WRONG SIDE of the fabric using a $\frac{1}{4}''$ seam allowance. Be sure to leave a small opening unsewn at the top of the heart as directed in the diagram so you may fill the heart easily.
6. Turn the sewn piece RIGHT SIDES out, & fill with Potpourri, lavender or bamboo or polyfill - until "stuffed".
7. Hand stitch to close up the fill opening of your heart. ♥
8. Make a small loop of a coordinating ribbon, & glue to the back of the heart if hanging is desired.
9. Decorate your Potpourri Heart w/ snippets of ribbon, scrapbooking, embellishments, buttons, etc. using a clear drying heavy duty craft & glue.
10. Give as a fun handmade & heart felt Valentines Gift!

